



## South Madison Coalition of the Elderly

128 E. Olin Avenue Suite 110 Madison, WI 53713

# ***SOUTHSIDE SENIOR***

July 2017 VOLUME 127

Phone: 608-251-8405 [smcelder.com](http://smcelder.com)

### Thank You for Donations!

The board and staff of the **South Madison Coalition of the Elderly** want to say a big "Thank You" to all who responded to our May mailing.

**Kim Banks** *in honor of mental health awareness*

**Cheryl Batterman**

**Linda K. Brown**

**Patricia Browning**

**Betty Burkard**

**Margaret Foss Cooper**

**John Englert**

**Mimi Farber**

**Grant Gelhar**

**Clarence Goldbin**

**Nancy Herman**

**Mary Halverson**

**Paul Jobst**

**Jerry Johnson**

**Linda Kerkman** *in honor of all seniors served by SMCE*

**Doris Kox**

**Paul Kusuda**

**Deborah Lockhardt**

**Raymond & Janine Matulionis**

**Margaret Rentmeesters** *in honor of people over 80*

**Carol Rule**

**Twila Shesky**

**Gerald & Eileen Tifft**

**Dorothy Tiller**

**Roma Wagner**

**Joann Wilson**

**Marilyn Withers**

**George's Flowers**

**Rudolph Enterprises**

**Strand Associates**

### Senior Meal Program News

Meals served at senior dining centers and delivered to the homes of seniors around Dane County are paid for by the Area Agency on Aging (AAA) of Dane County using Federal and State dollars, local taxes, Senior Coalition dollars and your donations. Every year, the number of adults over 60 who need this service increases. This year, it appears that funds to provide these meals—especially home-delivered meals—will run short before the end of the year.

To ensure as many seniors as possible get at least some home-delivered meals each week, the Area Agency on Aging has reluctantly directed that the program pay for a maximum of 5 home-delivered meals per week for any homebound senior. This will usually mean weekend meals (which are delivered by Home Health United) will not be funded. However, the senior can still get these meals by paying the full price.

Looking to 2018, major cuts are being proposed to Federal Older American Act programs, which include senior meals. South Madison Coalition of the Elderly is working with the AAA to find ways to continue serving as many seniors as possible. As always, older adults who receive meals are asked to donate whatever they can afford—every small amount helps!

### South Madison Coalition Staff Advocating for You!

Some members of our staff went to the State Capitol, on May 17 for Aging Advocacy Day. They met with individual state legislators to provide an inside perspective on the importance of protecting funds for quality services for older adults in the state budget.

**Deb Zitzke,**  
COP Case Management  
Supervisor

**Marcia Hendrickson,**  
Executive Director

**Jodie Castaneda,**  
Dementia Support Team/  
Lead COP Case Manager

**Katie Brietzman,**  
Case Manager/Associate  
Director of Programs

**Kari Davis,**  
General Case Manage-  
ment Supervisor



**CLOSED TUESDAY, JULY 4**



**South Madison Coalition of the Elderly**

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***SOUTHSIDE SENIOR***

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***ACTIVITIES  
DOWNTOWN***

**Events below are held at Madison Senior Center 330 W. Mifflin St.  
For more details call 266-6581.**

### **Rooftop Ice Cream Socials**

Thursday, July 6 1:00 pm

Wednesday, July 12 11:00 am

Monday, July 17 12:00 noon

Tuesday, July 25 10:00 am

See the neighborhood around Madison Senior Center from a new perspective. Head to the rooftop patio to enjoy socializing over ice cream, every week in July, National Ice Cream Month.

### **Creative Community Stitching Bee**

**Mondays, 10:00–11:30 am**

**July 10, 17 & 24**

**registration needed: 266-6581**

This is NOT your grandma's quilting bee! Join local artist Nancy Hutson and help her prepare the final piece for her upcoming exhibit. Community art projects bring people to together. Anyone interested is invited to participate. All supplies are provided.

Nancy will be exhibiting artwork by herself and her father at the Senior Center from August 2 through September 15.

### **Walk off the Ice Cream with the Walking Club**

**Tuesdays and Thursdays, 9:00 am**

Meet inside the Senior Center by the fish tank, and pick up route maps of varying distances. Wear comfortable walking shoes and bring a water bottle. Get your exercise, meet people and have fun! If the temperature at 8:30am is 85 degrees or above, walks will be canceled.

### **Financial Fraud Q & A**

**Wednesday, July 12**

**10:00–11:00 am**

**registration needed: 266-6581**

Did you know that the majority of those who exploit the elderly aren't strangers, but rather family members, friends or other associates. Join Andrew Crane to learn tips on how to protect yourself, and who to go to if you suspect you're being taken advantage of.

The presentation will be followed by question and answer time. Questions do not have to stick to the presentation topic.

### **Senior Showcase Band**

**Thursdays 1:00–3:00 pm**

**\$2:00 per person; free on the last  
Thursday of month**

Do you love Big Band music? Come to brush up on your dance steps, or just to listen. Bring a partner, or find one when you arrive. Ballroom dancing is great exercise and will help you maintain good posture and balance.

### **Tuesday Matinees**

**1:00 pm July 11: *Meet Me in St.***

***Louis (1944)* Classic summertime musical set in 1904, the year of the World's Fair. Stars Judy Garland and Margaret O'Brien.**

**1:00 pm July 18 *Hidden Figures***

**(2016) Story of female African-American mathematicians who served a vital role in NASA during the early years of the U.S. space program. Stars Taraji P. Henson, Octavia Spencer, Janelle Monáe. PG**

Popcorn and beverages served. Films are free but donations are appreciated for refreshments.

## **Dream Big: Come Sit by Me—The Psychology of Community & Connection with Ann Garvin**

**Thursday, July 13 6:15–7:30 pm DreamBank One N. Pinckney St.**

**Registration needed; follow the links at [dreamfearlessly.com/dreambank/events](http://dreamfearlessly.com/dreambank/events) or call 608-286-3150**

Loneliness isn't a personality trait. It can be fixed just by finding one other person with whom to connect. Come to this talk to find out what extroverts know that can help introverts. You will learn how to bridge the gap between being alone and finding other people you can click with.



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***RESOURCES***

## Farmer's Market Double Dollars

If you receive SNAP benefits, you can stretch your food budget by shopping at Farmers Markets. Simply bring your SNAP card to one of the Farmer's Markets listed below and find the EBT transaction booth or market manager, to withdraw the amount of SNAP you would like to spend at the farmers' market. You will receive Double Dollars—a dollar-for-dollar match for each dollar you withdraw from your SNAP account, up to \$25 per market day. The minimum is \$1; if you only want to spend \$1, you can do so. If you don't spend all your double dollars at that market, bring them the next time you shop. 2017 Double Dollars can be redeemed through December 2017, or as long as funds are available.

All vendors at the markets below will accept the Double Dollars for purchases of food or plants that grow into food. They cannot be used for hot food or anything not meant for human consumption.

**\*\*Capitol Square Saturday Market 7:00 am—1:00 pm**

**\*\*Downtown Wednesday Market MLK Jr. Blvd.  
Wednesdays 10:30 am—1:00 pm**

**\*\*El Mercadito de Centro Centro Hispano 810 W Badger Rd.  
Sundays 9am-1pm [micentro.org/centros-farmers-market](http://micentro.org/centros-farmers-market)**

**\*\* Eastside Farmers' Market Central Park 202 S. Ingersoll St.  
Tuesdays 4pm-7pm [www.wil-mar.org/eastside-farmers-market](http://www.wil-mar.org/eastside-farmers-market)**

**\*\*Monona Farmers' Market Ahuska Park, Monona  
Sundays 9am-1pm [www.mononafarmersmarket.com](http://www.mononafarmersmarket.com)**

**\*\*Northside Farmers' Market N. Sherman Ave @ Northport Dr  
Sundays 8:30am-12:30pm [www.northsidefarmersmarket.org](http://www.northsidefarmersmarket.org)**

**\*\*Westside Community Market University Row & University Ave.  
Saturdays 7am-1pm [www.westsidecommunitymarket.org](http://www.westsidecommunitymarket.org)**

## ***Let's Eat Out ! 2017 Neighborhood Dinners***

**5:30—7:30 pm**

Join your neighbors and meet some new ones while you enjoy inexpensive cuisine from some of Madison's favorite food carts!

**Mondays Cypress Spray Park 902 Magnolia Lane**

**Tuesdays Vilas Park 702 S. Randall Ave. or  
Fitchburg Nine Springs Golf Course**

**Thursdays Meadowood Park 5808 Thrush Lane**

For more locations, go to [www.letseatoutwi.org](http://www.letseatoutwi.org)

## Case Management

South Madison Coalition case management services are *free of charge* to South Madison residents age 60 or older. Our case managers are happy to visit your home to talk about your needs and the ways we can help you connect to resources for living independently in the community.

Our case managers can help you to look for housing, set up medical appointments, become familiar with local transportation options, or apply for government and specialty programs that you may be eligible for, such as Medical Assistance, Project Home, Energy Assistance or home chore volunteer services.

Try to contact us early if you foresee a future need for our help. Due to high demand for our services you may wait as long as 12 weeks before a case manager can be assigned to work with you.

To find out more, or for answers to basic questions, call us at 251-8405 or stop during walk-in hours at the locations below.

## Walk-in Office Hours

**\*Madison Senior Center  
330 W. Mifflin Street  
Mondays 11:00 am—12:00 noon**

**\*Romnes Apartments  
540 W. Olin Ave.  
Thursdays, 11:00 am—12:00 noon**

**\*Fisher-Taft Apartments  
2025 Taft Street  
Wednesdays 10:30—11:30 am**

**\*Burr Oaks Apartments  
Wednesdays 9:45—10:15 am**



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**SOUTHSIDE SENIOR**

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**MENU**

Reserve/Cancel 251-8405

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	FRIDAY Salad Option **
3 **Barbecued Ribs Potato Salad Baked Beans Cornbread Watermelon Sweet Potato Pie VO-Black Bean Burger	4 OFFICE CLOSED NO MEALS SERVED	5 Chicken Cacciatore Pea Salad Wheat Bread Diced Peaches Frosted Cake VO-Black Bean Burger	6 **Meatloaf Mashed Potatoes Gravy Tossed Green Salad with Tomato Wheat Bread Pear Slices Brownie VO-Veggie Patty	7 Beef Burrito Bake Spanish Rice Corn Fresh Fruit Cookie Packet VO-Veggie Burrito Bake	7 Santa Fe Chicken Salad: Lettuce, seasoned chicken, black bean salsa, shredded cheese, tortilla strips; Ranch dressing
10 Baked Fish Baked Potato Half Coleslaw Whole Grain Bread Pineapple Apple Pie VO-Veggie Cheese Sauce on Potatoes	11 Sloppy Joe Broccoli Carrot Raisin Salad Fruit Cup Ice Cream VO-Veggie Sloppy Joe	12 Barbecued Chicken Baked Beans Marinated Cucumbers & Tomatoes Wheat Bread Orange Root Beer Float VO-Vegetarian Wrap	13 Stuffed Green Pepper Soup Half Sandwich-Cheese with Lettuce & Tomato on Rye Fresh Fruit Cookie VO-Vegetarian Soup	14 **Ham Slice Yams Mixed Greens Multigrain Bread Banana Pudding VO-Veggie Meatballs	14 Fruit & Veggie Plate: Cottage cheese, pineapple, fresh melon, cherry tomatoes cucumbers
17 Chicken Enchilada Casserole Black Beans & Rice Mandarin Oranges Peach Cobbler VO-Veggie Enchilada	18 Hamburger with Lettuce & Onion Corn Coleslaw Pineapple Blueberry Cobbler VO-Veggie Patty	19 Chili Cracker Packets Mixed Green Salad with Tomato Pear Slices Chocolate Pudding VO- Soy Meat Sauce	20 Chicken Broccoli Pasta Salad Celery & Carrots Sticks Dinner Roll Peach Slices Confetti Cake VO-Cheese Broccoli Pasta Salad	21 Barbecued Ribs Corn on the Cob Potato Salad Baked Beans Cornbread Melon Cubes Apple Pie VO-Veggie Burger	21 Caprese Salad: Mixed greens & spinach, basil-marinated tomatoes, fresh mozzarella, croutons; balsamic vinaigrette
24 Roast Turkey Gravy Garlic Mashed Potatoes Broccoli Wheat Bread Fresh Fruit Banana Cake VO-Cheese Tortellini	25 Bratwurst Barbecued Baked Beans Copper Penny Salad Chunky Applesauce Cookie VO-Veggie Dogs	26 Baked Mostaccioli Tossed Green Salad Bread Stick Orange Sherbet VO-Veggie Meatballs in Tomato Sauce with Mozzarella Cheese	27 Grilled Chicken, Lettuce & Tomato on Bun Green Beans Gold Fish Pretzels Fruit Cocktail Brownie VO-Black Bean Burger	28 Roast Beef Gravy Mashed Potatoes Roasted Corn Multigrain Bread Jell-O with peach slices Apple Crisp VO-Veggie Patty	28 7 layer Salad: Shredded lettuce, peas, celery, shredded cheese, onion, bacon, hard-cooked egg; Mayo in salad

31  
Chicken Macaroni Salad  
Four Bean Salad  
Wheat Roll  
Fresh Orange  
Lemon Dessert  
VO-Pasta Salad with Cheese



**NOTE SALAD ALTERNATIVE HAS MOVED TO FRIDAY**

Items on this menu are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact.

\*\*contains pork

MEALS SERVED at:  
Fisher-Taft Apartments  
2025 Taft St.  
Romnes Apartments  
540 W. Olin Ave.  
Madison Senior Center  
330 W. Mifflin St.





## South Madison Coalition of the Elderly

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# SOUTHSIDE SENIOR

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LUNCH PROGRAM and  
NEIGHBORHOOD SENIOR  
CENTER ACTIVITIES

## Senior Lunch Program

We invite you to attend lunch Monday through Friday at one of our dining centers—see the locations on the menu (page 4). Come every day or once in a while. The menu includes a vegetarian entrée choice every day, and a main dish salad choice on Fridays. Try out these alternatives!

If you are age 60 or older, or are a disabled person living at Romnes or Fisher-Taft Apartments, you will not be charged for the meals. But please donate what you can, to keep the program going. The suggested minimum donation is \$4 per meal. You can make your donation anonymously at the dining center. Other persons who attend the meals will be asked to pay the full cost of the meal; \$10.23.

**Meal reservations must be made by noon, at least one business day in advance. Call 608-251-8405. Please also call if you must cancel, even if it is close to lunch time.**

Take out meals are not available. Older adults who eat meals with others tend to stay healthier than seniors who eat alone. Take advantage of meal time to meet new people.

Transportation to the dining centers from your home is available through a Dane County group van service. Suggested donation is \$1 per round trip, but no-one is denied service if unable to donate. Rides must be reserved at least 24 hours in advance; call Transit Solutions at 608-294-8747.

### HOME DELIVERED MEALS

If you are home-bound—either due to short-term illness or long-term disability, call us at 608-251-8405 to discuss your options for home delivered meals. Suggested donation for home deliveries is \$4 per meal for adults age 60 and older. All residents who are under 60 will be asked to pay the full cost of the home delivered meal, which is \$10.23.

South Madison older adults are welcome to attend the free activities below. Have lunch at our dining center and stay for some social fun, or just drop in in the afternoon. Questions? Call us at 251-8405.

### Celebrate July 4 on July 3 with a Special Meal

Our office and the dining centers will be closed on **Tuesday, July 4**. Enjoy a special meal of Barbecued Ribs, Potato Salad, Baked Beans, Cornbread, Watermelon and Sweet Potato Pie on **Monday, July 3**.

### Foot Care for non-Diabetics at Romnes

Advance appointments needed; call 251-8405

**Thursday, July 27 1:00—3:00 pm \$20**

### Free Yoga for All Abilities

Romnes Apartments Wednesdays, 3-4:30 pm

Call ahead: 515-8127. Newcomers are welcome!

### Games & Wii

Fisher-Taft Apartments Thursdays 1:30 pm

### Harmonica Hour

Enjoy entertainment by DuWayne Keyes and Doug Barette, on **Wednesday, July 5 at:**

**Romnes Apartments, 540 W. Olin 11:45—12:45 pm**

**Fisher Taft Apartments, 2025 Taft St. 1:30—2:30 pm**

### Bingo

Southridge Apartments, 1914 Post Rd.

**Tuesdays July 11 & 18 1:30—3:30 pm**

Romnes Apartments 540 W. Olin Ave.

**Wednesday, July 5 2:00 pm**

**Wednesday, July 19 1:00 pm**

### Games & Dominoes

Romnes Dominoes Monday– Friday 12:30 pm

Cards Mondays, Thursdays & Fridays 1:00 pm



### ***Moving Forward: A Night at the Opera—Diction & Your Voice***

Monday, July 10 6:30-8:00 pm

Alliant Center-Exhibition Hall

Mendota 5/6 Meeting Room

free parking No registration needed

Speakers: Wendy Rowe, Soprano &

UW-Milwaukee Professor of Opera

Sue Capp, retired Physical Therapist

(and person with Parkinson's Disease)

Parkinson's and other neurological problems can interfere with how you speak. But there are ways to let your voice be heard and improve your facial expression. Learn about new approaches that tap into techniques used by opera singers. Wendy and Sue will provide a fun and interactive session with practical take home tips. (Ability to carry a tune is not required.)

### ***Saving Your Sight: Macular Degeneration Seminar***

Saturday, July 22 8:30 am—12:30 pm

Doubletree Madison 525 W. Johnson St.

Limited space; reserve early at 855-962-2852

FREE; includes buffet breakfast and free parking with reservation

This program is designed for persons with age-related macular degeneration, as well as caregivers, family members and the interested public. Hosted by the Macular Degeneration Association, learn about the latest research, new treatments, therapies, and clinical trials. Hear a patient ambassador describe successful coping strategies.

Speakers include:

- **Jeremiah Brown, Jr. M.D. Retina Specialist at Brown Retina Institute.** *Age-related Macular Degeneration and Diabetic Retinopathy*
- **Chris Knobbe, M.D.** *Early Age-related Macular Degeneration and the Ancestral Diet*
- **Greg Hines** *Genetics & AMD*

### ***Rowing with Parkinson's Disease***

Tuesdays & Thursdays July 11—August 10

4:00—5:30 pm

Barnard's Boathouse in James Madison Park

622 E. Gorham St.

Free, including for Caregivers/Spouses/ Partners

Advance registration needed for each person [http://](http://www.mendotarowingclub.com/Parkinsons)

[www.mendotarowingclub.com/Parkinsons](http://www.mendotarowingclub.com/Parkinsons)

This class will cover the basic principles of rowing technique, fitness, and equipment. The first week of classes will be land-based—learning the principles of rowing on rowing machines (called ergs). During the last three weeks, time will be spent on the water as weather allows. Offered by the Mendota Rowing Club and American Parkinson Disease Association-Wisconsin Chapter.

### ***Diabetes Prevention: What Every Woman Needs to Know***

Thursday, July 27 11:00 am—12:00 noon

UnityPoint health-Meriter Business Center

2650 Novation Parkway

FREE but advance registration needed: 608-417-8446  
Join a registered nurse from Wisconsin Women's Health Foundation, to get the latest information about diabetes. Hear about the two types of diabetes and complications. Learn what pre-diabetes is and how to reduce your risk of developing the full disease. Discuss exercise, stress management, nutrition and how to interpret food labels. Participants will receive handouts and a small gift at the end of the session.

### ***Wisconsin Tobacco Quit Line is available 24/7 800-784-8669***

[wisc.edu/factsheetquitline.htm](http://wisc.edu/factsheetquitline.htm)

Sponsored by Wisconsin Dept. of Health Services, the Quit Line offers telephone coaching and support, two weeks of free medication (nicotine patch, nicotine gum or lozenge), and access to a secure Web forum where you can get support from others trying to quit.



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## ***SOUTHSIDE SENIOR***

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**COMMUNITY-WIDE  
ACTIVITIES &  
EVENTS**

### ***Ride the Drive***

Sunday, July 16 (*date correction*)

10:00 am—2:00 pm

John Nolan Drive from Law Park  
to Olin Park.

Most activities and food vendors  
will be at Brittingham Park.

### **SPARK! At Wisconsin Veteran's Museum**

Tuesdays, 10:00—11:30 am

Free but advance registration  
needed; 264-7663

SPARK! Programs use museum  
exhibits and hands-on activities  
that tap into the past experiences  
persons with dementia, in a  
meaningful way.

**July 11** Explore the Civil War  
Training Exhibit; Make pressed  
flowers and rubbings

**August 15** Talk about Old Abe;  
make bald eagle feather collages

**September 12** Remember the USS  
Wisconsin; create ship in a bottle

**October 10** Share Wisconsin  
Medal of Honor stories and  
make an altar to honor the fallen.

### **Annual 1940's Style Hanger Dance**

Saturday, July 22 6:00-10:30 pm

\$20/\$35 for two

Wisconsin Aviation  
3606 Corben Court  
(off N. Stoughton Rd.)

Re-live the 1940s era and dance  
to big band music performed by  
Ladies Must Swing. Vintage  
wear is encouraged. A portion of  
the proceeds will benefit Badger  
Honor Flight.

### **Family Fun at Goodman South Madison Library**

Bring the grandkids to the Library  
for activities you can all enjoy.

#### **Family Fitness**

Tuesdays 10:30 am

**July 11—August 1** Fitness expert  
Venus Washington will get the  
whole family moving with exer-  
cises, yoga, dancing and other fun  
activities. You'll learn and practice  
new ways to keep fit.

#### **Family Fun Nights**

Fridays 6:30—7:30 pm

**July 7** How the Body Works Dr.  
Jasmine Zapata, MD, will talk all  
about how the body works and  
will even be bringing fake organs  
for your viewing pleasure!

**July 14** Bat Conservation Join  
Ken and Barbara Bowman for a  
bat-rific time! We'll learn all about  
bats, the world's only flying mam-  
mal, their gentle nature and envi-  
ronmental benefit.

**July 21** Watch a Movie- *The Secret  
Life of Pets* The quiet life of Max, a  
terrier, is disturbed when his  
owner takes in Duke, a stray Max  
instantly dislikes.

**July 28** Black Story Hour with Pat  
Diehl.

### **Horse & Carriage Event**

Hickory Knoll [hickoryknoll.net/](http://hickoryknoll.net/)  
5438 Hwy M Fitchburg

Enjoy horses? See carriage driving  
competitions at the American  
Driving Society show. FREE.

**Saturday, July 22**

**Dressage 8:30—3:00**

**Cones 9:00—3:30**

**Sunday, July 23**

**Marathon 8:30—2:00**

Free transportation may be  
available for the meetings below.  
Call the contact person for details

#### **African American**

Details: Pam Bracey, 243-5252

#### **Latino**

Details: Rodrigo Valdivia, 243-5252

#### **Gay & Gray Discussion Group**

Thursdays, July 6 & 20

1:00—3:00 pm

Madison Senior Center

330 W. Mifflin St.

Details: [mail@LGBTseniors.org](mailto:mail@LGBTseniors.org)

#### **Grandparents & Other Relatives as Parents**

Childcare provided and  
transportation may be available!

Details: Serena Breining 255-7356

Saturday, July 8

10:00 am-12:00 noon

831 E. Washington Ave.

### **Annual Unity Picnic**

Villager Mall

2300 S. Park St.

Saturday, July 22

12:00 noon—5:00 pm

The Urban League invites you to  
join your neighbors for fun, food,  
music and more at this event.

### **LGBT Senior Alliance Picnic**

Vilas Park 702 S. Randall Ave.

Thursday, July 13 5:00—8:00 pm

Donation: \$10; \$5 low income

Tour the zoo and then gather for  
a 6:00 pm picnic of brats, burgers,  
garden potato salad, baked beans,  
coleslaw, watermelon, lemonade  
and other cold beverages. Then  
join in singing folk songs, or just  
enjoy the park.

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**NONPROFIT ORGANIZATION**  
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**MADISON WI**

*Dedicated to Safe Independence for the Community's Older Adults*

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The **South Madison Coalition of the Elderly** is a nonprofit agency serving south Madison residents age 60 and older. Our service area extends from the Capitol Square to the south city limits, between Randall Avenue and Lake Monona. We provide some services directly, and assist older adults to obtain a wide range of additional services and information for maintaining self-reliance. If you or someone you know needs information or assistance, call 251-8405 or stop by our office, 128 E. Olin Avenue, Suite 110.

**REGULAR HOURS: Monday–Thursday, 8 am–4 pm; Friday, 8 am–3 pm**  
**CLOSED TUESDAY, JULY 4**

ACCESS COMMUNITY HEALTH—ERDMAN CLINIC	443-5480	ELDER ABUSE HELPLINE	261-9933
ACCESS COMMUNITY DENTAL CLINIC	443-5482	HOMELESS HOTLINE/ AFFORDABLE HOUSING RESOURCE LINE	(855) 510-2323
ACCESS COMMUNITY HEALTH—WINGRA CLINIC	263-3111	LGBT SENIOR ALLIANCE	255-8582
ADRC AGING & DISABILITY RESOURCE CENTER	240-7400	MADISON SENIOR CENTER	266-6581
ALZHEIMER'S & DEMENTIA ALLIANCE OF WIS.	232-3400	MENTAL HEALTH CRISIS LINE	280-2600
ALHEIMER'S ASSOCIATION	203-8500	NORTH/EASTSIDE SENIOR COALITION	243-5252
AREA AGENCY ON AGING OF DANE COUNTY	261-9930	POLICE-SOUTH MADISON DISTRICT	266-5939
BAYVIEW FOUNDATION	256-7808	FISHER-TAFT HOUSING	255-9133
BURR OAKS SENIOR APARTMENTS	250-2585	ROMNES APARTMENTS	267-9524
BRITTINGHAM APARTMENTS	266-4381	ST. VINCENT DE PAUL	257-0919
CAPITOL CENTER APARTMENTS	255-5311	SOCIAL SECURITY ADMINISTRATION	866-770-2262
CATHOLIC MULTICULTURAL CENTER	661-3512	SOUTHRIDGE APARTMENTS	273-2797
CDA MAINTENANCE	245-5797	TENANT RESOURCE CENTER	257-0006
DAIS DOMESTIC ABUSE INTERVENTION SERVICES	800-747-4045	VETERANS SERVICE OFFICE OF DANE COUNTY	266-4158
EAST MADISON/MONONA SENIOR COALITION	223-3100	WEST MADISON SENIOR COALITION	238-7368