



**South Madison Coalition of the Elderly
Romnes Neighborhood
Senior Center
Questions? Call 251-8405**

**NOVEMBER 2017
Senior Activities**

MON	TUES	WED	THUR	FRI
		1 12:30 pm Dominoes 3:00-4:30 pm Free Yoga	2 11:00 am-12 noon Case Manager Hours 12:30 pm Dominoes 1:00 pm Cards 2:00 pm Bingo with Jeanette	3 12:30 pm Dominoes 1:00 pm Cards
6 12:30 pm Dominoes 1:00 pm Cards & Games	7 11:45-12:45 Harmonica Hour 2:00 pm Edgewood RN Students	8 12:30 pm Dominoes 3:00-4:30 pm Free Yoga	9 11:00 am-12 noon Case Manager Hours 12:30 pm Dominoes 1:00 pm Cards	10 11:30 am Celebrate Vets 12:30 pm Dominoes 1:00 pm Cards
13 12:30 pm Dominoes 1:00 pm Cards & Games	14 12:30 pm Dominoes 2:00 pm Edgewood RN Students	15 12:30 pm Dominoes 3:00-4:30 pm Free Yoga	16 11:00 am-12 noon Case Manager Hours 12:30 pm Dominoes 1:00 pm Cards 1:00 pm <i>Signup deadline for Edgewood foot care</i>	17 11:30 am Foot Care with Edgewood RN students 12:30 pm Dominoes 1:00 pm Cards
20 12:30 pm Dominoes 1:00 pm Cards & Games	21 12:30 pm Dominoes 2:00 pm Edgewood RN Students	22 12:30 pm Dominoes 3:00-4:30 pm Free Yoga	23 OFFICE CLOSED NO SENIOR LUNCHES SERVED TODAY	24 OFFICE CLOSED NO SENIOR LUNCHES SERVED TODAY
27 12:30 pm Dominoes 1:00 pm Cards & Games	28 12:30 pm Dominoes 2:00 pm Edgewood RN Students	29 12:30 pm Dominoes 3:00-4:30 pm Free Yoga	30 11:00 am-12 noon Case Manager Hours 12:30 pm Dominoes 1:00 pm Cards	



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Senior Activities

YOGA CLASS has been discontinued due to dwindling attendance

Dominoes

Monday-Friday 12:30 pm

Cards & Games

Mondays, Thursdays & Fridays 1:00 pm

Weekly Case Manager Q & A

Thursdays, 11:00 am-12:00 noon

Have questions about senior resources? Stop in the community room and visit with Greg.

Bingo with Jeanette

Thursdays, at 2:00 pm November 2

Edgewood RN Student Foot Care Clinic

Friday, November 17 11:30 am

Sign up in the kitchen

by Thursday, November 17 at 1:00 pm

Edgewood RN students will provide foot care under an instructor's supervision.

Harmonica Hour Remembers Vets

Tuesday, November 7 11:45—12:45

This month, Harmonica Hour will entertain you with patriotic music and stories.

Celebrate Veterans Day

Friday, November 10 11:30

Join us for a special lunch and to share in thanking the members of the US Armed Forces, past and present, who live at Romnes. Take time to view the photo exhibit of loved ones and comrades. Lunch will include barbecued ribs, cheesy potatoes, corn, a dinner roll and apple pie.

Home Health United Foot Care for non-Diabetics

Scheduled for Wednesday this month only.

Wednesday, November 29 1:00—3:00 pm

Advance appointments needed; call 251-8405

\$20.00 payable at appointment

Sunday, November 5 Daylight Savings Time ends; turn your clock back one hour

Thursday, November 23 & Friday, November 24 Coalition office closed; no senior lunches served

Free Home-delivered Thanksgiving Day Dinner

Are you homebound, or will you just not have other access to a Thanksgiving meal this year? You can request a home-delivered dinner for Thanksgiving Day.

Deliveries will be made around noon on Thursday, November 23.

RESERVATIONS NEEDED for DELIVERY! CALL 251-8405

by 12:00 NOON on MONDAY, NOVEMBER 20

The deliveries are coordinated by the South Madison Coalition of the Elderly, and distributed by volunteer drivers. No community Thanksgiving meal will be held at St. Mark's Church this year.